

Safeguarding Adults Advice For People Self-Isolating

**We want to make sure
that everyone who is
self-isolating is safe.**

Here are some things to think
about if you are offered, or need,
support during this time.

**Not sure?
Don't answer the door.**

If you are not sure about an offer
of help, ask the person to leave
details, and then talk about it
with someone you trust.



**Try to use existing and
trusted community
groups.**

If not, could a family member,
friend or neighbour who you
know and trust help?



To report
concerns to
Adult Care
ring Call
Derbyshire on
01629 533190

If someone is in immediate
danger call **999**

If you are deaf, hard of hearing,
have a hearing loss, or are
speech impaired, you can use
emergencySMS by texting **999**
from your phone, or use the NGT
Relay Assistant by dialling **18000**
from the app or textphone.